

NAME \_\_\_\_\_

(first)

(last)

ROOM # \_\_\_\_\_

# November H&F Homework

This month we will spend the first couple of weeks on bikes. Our goal is to learn and practice important safety skills so that we can become stronger and safer riders at home, school and in the community. Try to find **at least 15** of the following bike-related words below. I have also included some Nutrition terms as we will be talking more about the food we eat later in the month. Please complete and turn in the word find below. Have fun!

T T B Z F C S C S Y H E F L C P M B B P G N L F D  
 E I V U O L H E C G I C F A S X P O T S S P Z Y E  
 M R E T A A L D G W M E R S L A N G I S D N A H R  
 L E K D I U K E V R Q B L M H N Q E N I E T O R P  
 E S E N R N F X T X O A V D D J U G Y C O J O N N  
 H P W D Z R G K K H O E B N D D L E Q B P S M E O  
 W U A Z H R P G Y V H J G Z N U X V P F K H C Y V  
 U O M L L Y M D N S Q U Q M H Q N I O C P B A E A  
 R T U U J O R C B U R Y V Q U A Y S F M W W L J R  
 U F A L J A J Q Y A T O F A M K N N P M W E O X A  
 H I M F T G V B N S W R T U A M A E H X U I R Y M  
 S W W E B Z C N M D V R I C E T M F O M L R I F Z  
 R E S H O E L A C E S Y Q E E D C E F T N C E X Q  
 D U K R A A T Y Z B H J G A N L E D L B V K S A Q  
 H X N A R U U O C J L O L Q D T F P L O X Q H J X  
 T V E D R G F O Q C Q S E O J P S E S A F P J G A  
 A V S N L B Q P E F E S R F R V R H R M J I Y Z V  
 G K I E T I B V J Y X Q D F M W Y V W Y V V E S C  
 R N U K K V P M D G U A I G G E K W H A M X E I X  
 G Z S A F E T Y M G S Z I I V P W W D L G E Z V Q

BRAKES  
 CHAIN  
 HANDSIGNALS  
 PEDALS  
 ROADRULES  
 STOP  
 YIELD

CALORIES  
 DEFENSIVE  
 HELMET  
 PROTEIN  
 SAFETY  
 TIRES

CARBOHYDRATES  
 FAT  
 NUTRIENTS  
 REFLECTORS  
 SHOELACES  
 TURNING

*Turn in to Mr. Millsap by November 30*